



## 2022 TRACK AND FIELD REGISTRATION FORM

**It is important to fill out this form completely!** We need accurate information about our athletes, the meets in which they'll compete, and contact information so that we can reach people in advance of a practice if necessary. If you have any questions, please contact Sherry Walkush at [walkushs@isd199.org](mailto:walkushs@isd199.org). *Return this form at the first practice.*

### PARTICIPANT INFORMATION

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Contact 1: \_\_\_\_\_ Contact 2: \_\_\_\_\_

Contact 1 Cell: \_\_\_\_\_ Contact 2 Cell: \_\_\_\_\_

Contact 1 Email: \_\_\_\_\_ Contact 2 Email: \_\_\_\_\_

### COMPETITION INFORMATION

Y	N	
		I plan to attend the Regional Meet on <b>MAY 14</b> at East View Highschool in Apple Valley. I know that I must swim at this meet if I want to compete at state.
		I plan to attend the State Meet on <b>Saturday and Sunday, JUNE 24-25</b> at the Stillwater High School in Stillwater and <b>I am enclosing the \$25.00 state registration fee.</b>

### EVENT INFORMATION

Choose up to two individual races and two relays (if desired) or up to three individual races and one relay (if desired). Relays are optional must be formed by the athlete. It is also dependent on the number of athletes who want to race.

Track Events	Devise and Physical Assistance	Field Events
25M Dash and Walk	10M Walk	Tennis Ball Throw
50M Dash and Walk	25M Walk	Soft Ball Throw
100M Run and Walk	25M Dash (No Device)	Standing Long Jump
200M Run and Walk	50M Walk	Wheelchair Events
400M Run and Walk	50M Dash (No Device)	10M Wheelchair
800M Run and Walk	Field Events	25M Wheelchair and Motorized Wheelchair
1500M Run and Walk	High Jump	50M Wheelchair and Motorized Wheelchair
	Running Long Jump	100M Wheelchair and Motorized Wheelchair
	Shot Put (1M minimum)	
Pentathlon	100 Meter Run, Running Long Jump, Shot Put, High Jump, 400 Meter Run	

**NEW!** Relay teams consist of four athletes or two athletes and two unified partners. All unified partners must have Level I certification after the first week of practice. We prefer that relay teams be formed by the athletes. It's important to make sure that:

- (1) every teammate has said "definitely yes"
- (2) has a current application and/or Level I certification (Unified Partners) on file at SOMN and
- (3) have agreed to run at both area and state (unless the *team* chooses to swim only at Area).

**Please show position of each athlete in the corresponding box.**

25M Relay	1.	2.	3.	4.
25M Unified R.	1.	2.	3.	4.